



Our Lady of Fatima Catholic School
1600 Ninth Avenue North
Texas City, TX 77590
(409) 945-3326



Dear Parent/Guardian:

Your daughter/son has expressed an interest in becoming a member of the Our Lady of Fatima Catholic School Cheerleading team for the 2018-2019 school year.

If selected, there are certain personal and financial obligations that a cheerleader and her/his parent/guardian must assume in order to qualify, to participate, and to remain a member in good standing. Fully review and complete the information in the packet with your daughter/son prior to being on the team. If we do not have all the paperwork filled out by the due date, then your child will not be able to participate. The paperwork may be turned into the front office.

Thank you so much for your interest in the OLOF Cheerleading program!

God Bless!



Courtney Pursley
Cheerleading Coach
cpursley@fatimatc.org

Ygnacio Lopez III, MS, MS
Co-Athletic Director
ylopez@fatimatc.org



2018 – 2019 OUR LADY OF FATIMA ATHLETICS PROGRAM CHEERLEADING



Cheer Team Check List

To be eligible for the Our Lady of Fatima team, you must be in good financial standing, meaning cheer bill has been paid off, and each candidate must submit the following items:

- ✓ A signed Cheer fee and School fees form from Mrs. Pursley
- ✓ Completed OLOF Cheer Team Form
- ✓ Parent/Candidate Contact Information
- ✓ Cheerleader Responsibilities
- ✓ Parent Responsibilities
- ✓ Cheerleader Behavior Contract
- ✓ Parent Behavioral Contract
- ✓ Cheerleading Commitment statement
- ✓ A current physical on file

Check with the office to see if you have a current physical on file. If you do not, you **MUST get one before practice begins, or you will not be able to participate.** You can get a physical done without a previously scheduled appointment from any emergency room for approximately \$30 or through Teen Health Centers for \$5.

*****The following forms must be submitted to Mrs. Pursley or the front office no later than September 7, 2018.** You will be unable to participate if do not have all information filled out and turned in by the due-date.

OLOF students, please turn your paperwork into Mrs. Pursley or the front office.



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Cheer Clinic/Practice Information

- NO PARENTS OR SPECTATORS are allowed during practices, camps, or events. Only coaches and cheerleaders are allowed.
- Coaches and teammates are expected to do what is best for the team as a whole, not as an individual.
- Cheer practice, camps, and clinic objectives
 - Academics and behavior
 - Cheers and chants
 - Voice, rhythm, motions, confidence/enthusiasm
 - Jumps, motion drills, and stunting
- If you are a multi-sport athlete, contact a coach to work out a schedule that will work best for everyone.
- Commitment, maturity, and attitude hold major determining factors when being allowed on the team

Important Cheer Dates

- Mandatory Interesting meeting **on August 30, 2018 at 5:30 in Kukral Hall with Mrs. Pursley.**
 - At this meeting, we will discuss the upcoming year, expectations, cost, fundraisers, and much more in fuller detail along with answering questions that you may have.
- **Deadline to submit ALL paperwork and turn in physical is Friday, September 7, 2018**
- **ALL MONEY IS DUE (Athletic Fee included) Friday, September, 14th, 2018**
- Mandatory cheer practice Monday, September 10th
- Mandatory cheer practice Wednesday, September 12th
- Practice will continue to be held Mondays and Wednesdays from 3:20-4:30. This may change. We will keep everyone informed ahead of time.



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CHEERLEADING COSTS

Please understand that the following costs are an estimate only and are subject to increase or decrease when equipment is finalized. You will be notified of the final cost as soon as possible.

All money is due Friday, September 14, 2018.

Unfortunately, if your cheer payment is not paid on or before the payment due date there will be a \$10 late fee every 7 days past the due date.

If you find yourself in a tough financial bind please let me know as soon as possible so we can work out another payment plan that works best for you.

VARSIITY:

OLOF cheer shirt – \$25.00 (for performances and games)

OLOF cheer hoodie-\$25.00

Cheer shoes-\$25.00

Poms- \$20.00

Cheer bow- \$5.00

TOTAL: \$100.00

Junior Varsity:

OLOF Cheer Shirt- \$25.00

Poms- \$20.00

Cheer Bow- \$5.00

TOTAL: \$50.00

Side fees

- Athletic fee of \$50.00 (VARISTY ONLY)
- Practice clothes (red soffee shorts, plain white t-shirt, and solid white shoes)
- Fundraising items such as: baked goods, poster board, candy, supplies, markers, monetary donations, holiday donations, etc.
- Cheer camp TBA
- Cheer clinics (varies)
- Professional Gym practice (if we attend)
- Choreography (competition only)
- Cheer accessories (for special events)

*We will participate in NUMEROUS fundraisers for the school. **Once items are ordered, you are responsible for paying your bill regardless if your cheerleader quits or is removed from the team.**

In the event of outstanding costs, a cheerleader will not be allowed to be on the team for the following school year.



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CHEER FEES AND SCHOOL FEES FORM

**If your child is receiving financial assistance and you are behind in payments, further evaluation and payment plans will be discussed with Mrs.Lopez, myself, and cheer parent/s prior to September 14, 2018.*

_____ is all paid up and at zero balance for the 2018-2019 school year.

_____ is not all paid up and her balance is \$_____.

\$_____ tuition

\$_____ cheer

\$_____ other sports

\$_____ library

X _____ (Courtney Pursley)

X _____ (Jennifer Lopez)



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OUR LADY OF FATMA CHEER TEAM FORM

Name _____

Age _____ DOB _____ Grade for 2018-2019 school year _____

Please list any prior cheerleading/gymnastics/dance experience you may have/had:

In one paragraph, please tell me why you feel you would make a superb role model as an OLOF Cheerleader?

Practice Clothes

Please fill this out and use YS, YM, YL, YXL, AS, AM, AL, AXL

T-shirt: _____ Fitted Shirt: _____ Hoodie: _____ Softe Shorts: _____

Shoe Size: _____



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Parent/Candidate Contact Information

Please fill out the following completely.

Parent/Guardian name(s): _____

Cell phone number(s): _____

E-mail address: _____

Cheer candidate name: _____

Cheer candidate cell phone number: _____

Please list any other contact information that we didn't specifically ask for but might need here:

If your parents maintain two different households, with whom do you primarily live?

With whom do you want your cheer-related emails/calls/texts to be discussed?



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Cheerleader Responsibilities

Cheerleading requires a GREAT deal of time, commitment, and dedication on the part of the cheerleaders. Academics should always be a priority; cheerleading should be next with all other activities to follow. Responsibilities include but are not limited to the following:

1. The cheerleader will maintain academic eligibility (OLOF guidelines)
2. The cheerleader will represent Our Lady of Fatima I in a positive manner in action, dress, and overall conduct, and will exhibit acceptable standards of citizenship at all times (e.g. in the halls, in the classroom, at events, in the community etc.)
3. The cheerleader will refrain from gossiping or any form of verbal or physical confrontation.
4. The cheerleader will raise school spirit.
5. The cheerleader will wear appropriate uniforms or outfits on specific days and scheduled events.
6. The cheerleader will follow through with all commitments. The cheerleader will attend all games, practices, and functions. They will also be on time to each one. Further, she/he will plan family outings, appointments, and other activities with the cheerleading schedule in mind first and foremost. She/he will take responsibility for reminding their parent of contacting a coach about an absence. If the cheerleader is ill and not at practice they must provide a Doctor's note at the next practice in order to be excused from a demerit.
7. The cheerleader will communicate in a positive manner with teammates, coaches, and staff.
8. The cheerleader will maintain a positive attitude toward school and cheerleading.
9. The cheerleader will continue to be coachable.
10. The cheerleader will be able to take directions and criticism positively.
11. The cheerleader will be cooperative.
12. The cheerleader will silence his or her cell phone at practice/games.
13. The cheerleader will have all his/her gear with him/her at all times in the cheer bag.
14. The cheerleader will refrain from celebrating the misfortune or defeat of another person, team, or program.
15. The cheerleader will accept placements and awards with dignity and class.

Please sign and date the following to acknowledge that you have read and understand the cheerleader responsibilities:

Cheerleader signature: _____ Date _____

Parent/Guardian signature: _____ Date _____



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Parent Responsibilities

Cheerleading requires a GREAT deal of time, commitment, and dedication on the part of the parents. Before tryouts, read and consider all of the information before allowing your daughter/son to tryout. If your daughter/son is selected please:

- Encourage her/him to abide by the rules set forth by coaches and administrators 100%
- Attend parent meetings
- Pay bills on time
- Refrain from using cheerleading as a punishment. This does not punish one cheerleader but an entire squad since there is no one to substitute for your cheerleader.
- Agree to notify the coach if your cheerleader is ill and bring in Doctor's note to the next practice.
- Oversee the time management of your cheerleader (i.e. practice and game schedules, homework completion, relaxation time, etc.)
- Provide punctual transportation if needed
- Direct concerns about your cheerleader on an individual basis directly to the coach first
- Provide all the encouragement your cheerleader needs in her/his pursuit of excellence
- Parent/Guardians will check texts and emails daily for all updates.
- Parent/Guardians will follow all forms of proper communication when speaking with the coach.
- Understand that coaches are the ones who run the practices, make rules, enforce consequences, and make team decisions. Coaches will not be influenced by negative comments or complaints.

Please recognize that unforeseen circumstances do occur; interim changes to anything in this document may be made at the discretion of the coaches and administration. All decisions made by the coaches and/or administration is final.

Please sign and date the following to acknowledge that you have read and understand the parent responsibilities:

Parent/Guardian Signature: _____ Date: _____



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Cheerleader Behavioral Contract

These are the expectations for each member of the team, to support the balance between team supporter and the competitor. Being a member of the program, all girls/boys are expected to act appropriately and responsibly. As athletes, they are now going to be the lead examples of Our Lady of Fatima. Signing this contract is acknowledgement that you have read the following, understand, and choose to obey each part of the contract. Please initial next to each statement and sign the contract below. Coaches have the ability to deliver consequences if any of the below are not followed. Consequences will be delivered on an individual basis based on the discretion.

- ___ 1. Practices are considered a mandatory event. Any practice that is missed after June 7th will result in a demerit.
- ___ 2. Games are considered mandatory. Missing a game will result in demerits.
- ___ 3. If an athlete is tardy to the game, demerits will be given.
- ___ 4. No jewelry, chewing gum, fake nails/nails longer than finger tips, or hair in face during games, competition, and practices.
- ___ 5. As long as athletes are in their uniform (except during halftime), they are to be sitting as a team in the bleachers or on the field with their team. If they wish to act as a spectator for another game or other sport then she/he must be out of uniform and in their own clothes.
- ___ 6. Uniforms must be worn properly. This includes no bra straps showing. Skirts need to be buttoned at all times and briefs need to be worn under cheer skirt always. Only cheer shoes are acceptable to wear at cheer functions. This means that before they walk into a game, practice, or competition, cheer shoes need to be on their feet. Nothing else is acceptable.
- ___ 7. While cheering at games, cheerleaders will not be allowed to socialize unless at halftime.
- ___ 8. No cheerleader will taunt any member of an opposing team. No dirty looks, chanting, comments, yelling, and cheering.
- ___ 9. Athletes will act respectfully to the captains and coaches at all times. Discretions or concerns will be discussed directly with the coach to find a solution to the problem.
- ___ 10. Athletes will not smoke, drink alcohol, or use any illegal substances while participating in the cheer program. Any athlete that participates in illegal activity will face immediate consequences given by the coach, which could result in immediate removal from the team.
- ___ 11. When athletes engage in text messaging or internet social networking sites, they will only use appropriate language and display only appropriate pictures. Any athlete, under coaches' discretion, that has disrespected the name of OLOF or the spirit program will face direct consequences, which may include removal from the team. Inappropriate language includes curse words and talking negatively about anyone. Inappropriate pictures include pictures of illegal substances, sexually explicit acts with boy/girlfriend, clothes and poses.
- ___ 12. Athletes are expected to concentrate on academics as part of being a student athlete. If the athlete gets one F or two D's during a progress report, they will be considered ineligible and put on probation. If an athlete is ineligible two times (1 report card) during the season (volleyball season and basketball season), they will be removed from the team to strictly concentrate on academics. If the following progress report is passing then they will be able to cheer again. If not they will remain on probation. IF they fail on their report card a second time, then they will be removed from the team entirely and evaluated by the coach and teachers for the new school year.

Athletes printed name: _____

Signature: _____ Date: _____

Parent/Guardian printed name: _____

Signature: _____ Date: _____

***Demerits and discipline are discussed in further detail once your child has made the team, and by signing this, you agree to the demerits and rules for each one that is broken.**



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PARENT Behavioral Contract

These are the expectations for the parents of the program. We need parents to support the balance between team supporter and the competitor. Being a parent member of the program, there is an expectation to act appropriately and responsibly. As parents, you are now going to be the lead examples of Our Lady of Fatima supporters as well as setting an example for your child. Signing this contract is acknowledgement that you have read the following, understand, and choose to obey each part of the contract. Please initial next to each statement and sign the contract below. Coaches have the ability to deliver consequences if any of the below are not followed. Consequences will be delivered on an individual basis based on the discretion but may impact the cheerleader as well as the parent.

____ 1. Practices are considered a mandatory event. Please do not make appointments or call your child out of practice. You will need to make all appointments around cheer.

____ 2. Games are mandatory. Please make sure your child is always on time and ready to cheer.

____ 3. If an athlete comes tardy to the game, they will receive the consequence and sit out for a half. Parents running late is NOT an excuse, and the cheerleader will still sit.

____ 4. Parents are not allowed to come out onto the field, sit with the team before competitions, or take the cheerleader anywhere if the athlete is with the cheer team.

____ 5. While cheering on your athlete, please respect other spectators and remember to have the utmost respect for coaches, officials, and other spirit teams. You are representing the OLOF cheer program and your child.

____ 6. No parent will taunt a member of the opposing team. No dirty looks, chanting, yelling, cheering and no confronting members from the other teams, parents/athletes/students.

____ 7. Parents will act respectfully to coaches at ALL times. Discretions or concerns will be discussed directly with the coach to find a solution to the problem. The steps of communication must be met, or you and your cheerleader will be asked to leave the program if something cannot be done.

____ 8. Parents will pay bills on time or it will result in late fees.

____ 9. Please refrain from texting or calling your child while they are in practice UNLESS it is an emergency. You can also contact coaches for emergencies and/or arrangements for rides etc.

____ 10. Parents need to refrain from gossiping/talking/venting about issues regarding them, cheerleaders, coaches or situations with the program. Coaches are very approachable and are very willing to hear your frustrations. Please follow all rules of communication policy when addressing issues.

I understand that as a parent of the Our Lady of Fatima Catholic School, I am here to support my athlete, the coach, the booster club, and the program. If I represent the program poorly or break the above contract, the coach has the right to dismiss myself and my cheerleader from participation. This is to be a positive experience for the coaches, student athletes, booster club, and parents involved, and I will respect all decisions made by the coaches.

Parent/Guardian printed name: _____

Parent/Guardian signature: _____ Date: _____



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Cheerleading Commitment Statement

I have read the Our Lady of Fatima try out packet and I understand its contents. I understand the responsibility my child is undertaking by becoming an OLOF cheerleader. I agree to fully support my child and will encourage them to fulfill their commitment. I understand that being an OLOF cheerleader is a commitment on the part of the parent as well. I realize that when representing OLOF I must always conduct myself with class. I understand that any athlete or parent who does not abide by the rules and regulations contained in their contract, that is consistently negative, or acts in a manner that jeopardizes the name and reputation of OLOF Cheer Program will be subjected to removal with no refund.

Cheer Candidate: I have read the cheerleading packet, handbook, understand the tryout procedures and the operating principles of the cheerleading team and agree to abide by them; furthermore, if selected, I agree to accept the position and to follow all cheer team rules/guidelines. I will give 100% in order to make our team the best possible. I am eagerly looking forward to becoming an active member of the OLOF Cheer team.

Candidate signature: _____ Date: _____

Parent/Guardian: I have read the cheerleading packet given to my daughter/son, understand the tryout procedures and the operating principles of the cheerleading team, and agree to abide by them. If selected, my daughter/son has my permission to become an active member of the cheer team. I am aware that cheerleading requires an enormous time commitment and lots of dedication from both parents and cheerleader. I will support the program and my daughter/son 100%.

Parent/Guardian signature: _____ Date: _____